

Holy Communion

You may hear this called the “Eucharist” or the “Mass”. They all mean the same thing. It is a celebration of the “Last Supper” – the meal Jesus had with his disciples on the night before he died where he took bread and wine, blessed it and gave it to them to eat and drink saying: “this is my body; this is my blood...do this in memory of me”. When we gather for this celebration we do as he instructed and we receive Jesus in the sacrament of the Eucharist and hear His word.

On alternative Wednesdays at 10.00 am, the services are about 30 minutes long and are said services. The 10.00 am Sunday service is our biggest celebration which has singing of hymns too. It lasts about an hour and half. Some weeks the service is more child friendly and a different type of liturgy is used.

As Christians we believe that we need to be fed, both spiritually and physically and this is where we gather together as one to do this. It is a very special service for each time we do it we celebrate what Jesus has done for us and wait in hope for Him to come again.

At St Michael’s all are welcome at the altar during communion. As an alternative to those who are not confirmed or do not wish to take communion a blessing is given. To indicate that you wish to receive a blessing please carry the service booklet when you come to the altar.